Action Verb	Sample Context			
adapted	adapted a certain process to meet the company's changing needs			
anticipated	anticipated a potential outcome and formulated a possible solution			
achieved	achieved a goal or accomplishment			
clarified	clarified ambiguities in various groups' understandings of a certain function			
coached	coached a new employee or struggling teammate on ways to improve			
collaborated	collaborated with another department to meet a common goal			
communicated	communicated a difficult position to those affected by it			
designed	designed a template for tracking certain data			
eliminated	eliminated redundancies in a particular process			
executed	executed management's plan for changing a certain procedure			
implemented	implemented a new cost-saving measure			
improved	improved employee morale			
increased	increased sales by 7%			
influenced	influenced team members to support a new company policy			
initiated	initiated a study on how to eliminate some time-wasting procedures			
led	led a team of employees on a particular project			
managed	managed a group of interns			
mentor	mentored a lower-level employee from another department			
proposed	proposed a new way of handling a certain task			
recommended	recommended a solution to a common problem			
reduced	reduced unnecessary expenses			
spearheaded	spearheaded an effort to increase efficiency			
streamlined	streamlined a process to eliminate unnecessary steps			
supervised	supervised the team in management's absence			
trained	trained a newly hired employee			